

# HEALTH AND WELLBEING THEMATIC GROUP

Minutes of the last meeting held on the Wednesday 11<sup>th</sup> November 2009, at 09.30 – 11.30 in Digmoor Community Centre, Skelmersdale

# PRESENT:

Dave Tilleray Exec Manager Community Services, WLBC

Leigh Boyton Local Resident

Puala Jones Chair SLC Physical Disability Partnership Board

Hazel Allen West Lancashire CVS
Gillian Whitfield WLBC Planning

Greg Mitten WLCVS

Amy Dunne NHS Central Lancashire, Weight Management Care

Pathway Co-ordinator

Tracey Jardine District Partnership Officer - West Lancashire
Jane Cass Public Health Specialist, NHS Central Lancashire
Councillor Andrew Fowler West Lancashire Borough Councillor - **Chair** 

Debbie Young Health Education Officer WLBC

Joan Brindle Moving on Lancashire

Kerry Hesketh Breastfeeding Co-ordinator NHS Central Lancashire

Donna Studholme Help Direct Manager
David Hudson Age Concern Lancashire

Mike Tasker Commercial Safety Manager WLBC Gina Moran Skelmersdale Ormskirk College

**Apologies** 

John Allin Service Leader - Learning Disability Team NHS Central

Lancashire

Margaret Williams Special Care & Community Dentistry

Louise Armitage - Parkinson West Lancashire BC

Sue Waterworth WLBC Environmental Health

John Nelson Head of Leisure and Cultural Services WL Borough Council

Jennifer Holmes Community Health Worker

Action

#### 1. Welcome and introductions.

Chair welcomed members and introductions were made around the table.

#### 2. Apologies.

Apologies were noted (See above).

# 3. Minutes of the meeting/actions and matters arising held on 16<sup>th</sup> September 2009

Matters arising from the above minutes are to be deferred until January.

- Gum Shields
- Orthodontic Toothbrushes
- LDF Feedback on consultation process
- Young adults survey (regeneration Skelmersdale)

Gina Moran

Mags Williams

# 4. Community Food Growing Steering Group

Greg informed the Group that CVS have engaged a new member of staff who is working alongside Red Apple as part of the School project. Greg continued with an overview of sites already under assessment and the opportunity to link into other Groups and Associations for additional land and funding to include the 'European Group'. St Mary's Parish Group in Scarsbrick was put forward as a potential site for development, Greg adding to the agenda.

Greg

# 5. Second Homes Bid

Greg informed the Group that above bid has been competed and now in its second stage with the endorsement from the LSP. Greg to go before the LSP Executive's on the 13th November when a decision on the bid will be made. Greg to feedback to the Group.

Greg

# 6/7. Health and Wellbeing Action Plan 2009/10 & 6 Month Report Back – Identified Gaps (Combined)

Jane tabled both the 'Action Plan' and the '6 monthly report' for discussion and updating.



#### 6 Month Report Back 27.10.09.doc

#### **Action Plan**

Jane explained this was the quarterly update and it was necessary to feedback to the LSP for updating the website and asked the group for their comments by the end of the week! The group thanked Hazel for the work around Mental Health and for Hazel to take the lead and for this to be added to the agenda. Joan gave an update on Moving on Lancashire Mental Health project and the success of the project, which has been secured until April with interim funding and has enabled additional staff support. Debbie offered additional support with the view to further funding along with Tracey and the introduction of Ann Fitzpatrick who would like to join the Group in a new role as Locality Commissioning Manager for West Lancashire and in support the mental health issues. Gina highlighted the Springboard courses that the college are looking to develop and extend further into Ormskirk and Gina asked the group for feed back on what courses would be required? Chair asked Gina for a copy of the `inclusion document', Gina agreed.

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West Lancs LSP Health Inequalities Ac

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Discussions concluded with the agreement from the Group that there was a need for a mapping exercise on a county and local level to enable clear defined paths on what services/funding is available on the issue of mental

health. Other items discussed included the inclusion of the 'Health Workers Award' scheme and the incentives for healthy living now being introduced by Pruprotect (Insurance) and the invitation to a member of the West Lancashire Stop Smoking team to the next meeting.

Jane

#### 8. Small Sparks Grant

Donna informed the group of the new grant being made available over the next two years which offers small amounts of funding from £50 to £500 in support of small adult groups/individuals within the community. West Lancashire has been allocated £25000 to be spent within the next year and the process of applying to be by application form which will be turned around within a 4 week period, with one point of contact and decisions to be made by a small sub group. Contact details to be circulated electronically by Donna.

Donna

# 9. 'Go for It' Campaign

Tracey outlined the new campaign for good business ideas that is looking to generate local employment. £5000 prize will be offered at a District level and £25000 on a County level. Closing date is 8<sup>th</sup> January and final in March. Workshop to be held 26<sup>th</sup> November at the Ecumenical Centre with LCDL attending. Tracey to circulate information.

Tracey

# 10. Community Assets Workshop – 17<sup>th</sup> November

Jane highlighted the importance of the event West Lancashire and requested the Group take the opportunity to go along.

### 11. Partners Update

Donna highlighted the 'Safe Trader' scheme and asked the Group to feedback any information that would be useful and also that more funding for an outreach position is available for 27 hours and the need of a recruitment drive for volunteers in the new year.

David gave an update on the success of the hand washing event in partnership with Farmer Ted's. Puala asked the Group if they could help in sourcing the hand gel and to let her know.

Gina advised the Group of the New Build completion due in 2011 and that the college is looking to work within local Hospitals and Red Apple with regards work placements for young learners.

Hazel highlighted the event taking place on the 23<sup>rd</sup> November in the Scarsbrick hall.

Greg advised the group of the joint LCC graduate placement and funding available from the LCC for working with young carers and putting together a consortium bid for submission Greg to feedback to the Group.

Greg

Amy gave an update on the `Innovate NoW' bid that has been submitted. Amy to feed back to the Group.

Amy

Puala informed the group on the success of the Change4life event and highlighted the need of a warning system for wheelchair users and asked the Group to feedback with any ideas. Chair suggested getting together with Gina/Donna and look to the 'Go for It' Campaign. Puala also requested information on the Swine Flu inoculation, Jane forwarding information electronically! Puala also highlighted the funding for school dinners and is to approach the LCC with regards food budgets Puala. Dave circulated the mouth cancer awareness ribbons.

Jane

Tracey tabled a document on behalf of Central Lancashire Health and

Equalities, outlining a scheme to target home drinking and Dave talked around the overall strategy of a rap around service for families and the bids for funding.

Jane highlighted the Domestic Violence posters and urged the Group to circulate and display on behalf of Louise Armitage Armstrong, Jane circulating further posters for distribution electronically. Jane also handed out the Community Engagement booklets and the NHS ownership leaflets for information.

Jane

#### 12. **Any Other Business**

Chair highlighted the importance of the inoculation and to take all precautions necessary to prevent the spread of the swine flu.

Leigh asked for an update on the gum shield - (this to be taken up at the next meeting)

Greg put forward the idea of a local newsletter to promote the positive work To be tabled at of the Group and West Lancashire the Group agreed.

next meeting

Greg – Happy Birthday to Help Direct on there first Birthday.

# Date and time of next meeting

Wednesday 20th January 2010, 9.30am - 11.30am in the Boardroom, Ormskirk Offices, NHS Central Lancashire